



The HOT summer is finally here!



Well summer is officially here. The weather has been extremely hot over the last few days. During this time of the year it is important to stay hydrated. The wise thing to do is to always have a bottle of water with you at all times. The main reason is you need to replenish the water you lose through perspiration. It's also very important to wear lighter clothing to allow air to circulate through your body which will help to keep you cool. This is the time to wear open toe shoes

(Sandals)



and give your toes a break from being covered all winter long. I would also suggest foot massages and pedicures during this time of the year. It is also very important to apply sun lotion when you know you will be out in the sun for an extended period of time. Other keys items to have on you are a pair of sunglasses and cap or hat. Enjoy the summer months!

DID NOT ATTEND AN APPOINTMENT RESULTS (DNA)

MONTH	AVB APPTS	DNA	%
Feb	4455	312	7.00%
Mar	5597	334	5.96%
Apr	5195	273	5.25%
May	4506	215	4.77%

A big thank you to all our patients who show up for their pre booked appointments. As you can see from the monthly DNA results, the amount of DNA has significantly come down. It is important that we have your correct mobile number on file so that you will receive a reminder via text about your pre booked appointment. We know everyone has very busy lives and this is why we send out text reminders. If you cannot attend an appointment for one reason or the other it is important that you notify us. Please visit our Web Site for more information about our DNA policy. Once again thank you for helping us provide a good service to our patients.

How do you cancel your appointments?

It is very easy to cancel an appointment with Rushey Green Group Practice. This can be done via email, text message by replying to text message we sent you,

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Practice Newsletter
Keeping You Up To Date
www.rusheygreengp.org

online via our website, using the automated phone system or in person at the practice.

There is no need to hang about waiting to speak to a receptionist!

Booking Appointments

You can book an appointment to see the GP or the nurse by phone on 020 7138 7150 option 1 enter date of birth and telephone number, online via the Practice website, text to 078 0000 9656 for routine inquires or email to: lewccg.g85633-general@nhs.net

Our Face book/Twitter Pages

Like our Face book page to receive up to date information straight to your Newsfeed. Go to: <https://www.facebook.com/pages/Rushey-Green-Group-Practice/104749113013457>

Patient Participation Group (PPG) General Meeting

The Rushey Green Group Practice Patient Group held it's meeting on the 9th of June, 2015. It was a successful meeting and Judy Chen was also present at the meeting. The next meeting will be held on Tuesday September 8th, 2015 at 7pm. All Practice patients are invited to attend. I am happy to announce that we now have a PPG Chairwoman. **Monica Sorice** who has been a very regular attendee of the PPG meetings has accepted the position of the Chairperson. Monica has been instrumental in providing feedback on our appointment system and other areas she feels need addressing. We are currently looking for a treasurer for the group. If you feel you have the skills, qualities and you have a flexible schedule please email to the email address below.

The PPG has its own email address which is Lewccgrusheygreenpppg@nhs.net. Please do not forget to view the PPG board in the waiting area. This board has

the minutes from the last meeting and other updates.

Surgery Closure

The surgery will be closed **Tuesday July 28th from 12:30-6:30pm for staff training**. Please do not forget to order your prescriptions. Should you need to see a doctor when **we are closed you can call SELDOC on 02086939066**.

Smoking and drinking on the Premises!

Please note that Smoking or drinking Alcoholic beverages is not permitted on the Practice Premises. Each day our staff are having to remind patient's of the non smoking sign on the wall.



Quote for the Month:

"I hope your summer is just like a little box filled with surprises".

Anonymous

Patricia